

# FEBRUARY 12 – 16, 2024

Monday Feb 12	Tuesday Feb 13	Wednesday Feb 14	Thursday Feb 15	Friday Feb 16
<b>Day 2</b>	<b>Day 1</b>	<b>Day 2</b>	<b>Day 1</b>	<b>Professional Development Day</b> (School Closed)
Student MyEd Password Resets during Flex	Student MyEd Password Resets during Flex	<i>Vasant Panchami</i> (Hinduism)  <i>Ash Wednesday</i> (Christianity)	Course Selection Sheets Due to Teachers  <i>Nirvana Day</i> (Buddhism)	

Student Online Course Entry (Completed by Feb 15)

## IMPORTANT INFORMATION:

### Program Planning for 2024-2025

On Thursday, February 8, all students attended informational assemblies to kick off the planning process for next year. Students also received their program planning sheets.

By February 15th, all students must:

- Review the [program planning website and course catalogue](#).
- Discuss plans and options with parents/caregivers.
- Complete their planning sheet and have it signed by a parent/caregiver.
- Enter their courses selections online through [MyEducationBC](#).
- Return their signed planning sheet to their teacher.

Should students need assistance with logging in for online course entry, they can come to the office during Flex Time on Monday or Tuesday to have their password reset. Counsellors will also assist with course entry on Thursday and Friday throughout the day. Counsellors will visit classes to identify students who need help with this step.

### Semester 1 Summary of Learning

A Summary of Learning (Final Report Card) was published last week for all students on [MyEducationBC](#). Parents/caregivers are encouraged download their child's report and review it with them. Should parents have difficulty with logging in to MyEducationBC, please [complete this form](#) so that our office can assist you.

### Dry Grad 2024 Committees First Fundraiser of the Year: Emergency Preparedness Kits

See flyer below for a variety of kits available for purchase. Each kit sold will help DAG Committee's fundraising efforts. Campaign ends February 16th. Make cheques payable to *SOS Emergency Response Technologies* - drop off cheque with order to the school office for the Dry Grad Committee.

## DATES TO REMEMBER:

Feb 19	BC Family Day (School closed)
Feb 20	<i>World Day of Social Justice</i>
Feb 21	<i>International Mother Language Day</i>
Feb 22	PAC Meeting: Virtual (Link to be sent)
Feb 24	<i>Lantern Festival</i> <i>Magha Puja Day (Buddhism)</i>
Feb 26 –	McNair Theatre Presents:
Mar 8	The Addams Family
Feb 26	SCC Meeting (lunch)
Feb 28	PCF Math Contests Pink Shirt Day
Mar 1 – 31	<i>Irish Heritage Month</i>
Mar 1	Interim Reports Due (8:00am) <i>Zero Discrimination Day</i>
Mar 4 – 5	Elementary Basketball Tournament
Mar 4	Staff Meeting (after school)
Mar 5	Health & Safety Committee Mtg. (lunch)
Mar 6	Informal Learning Updates (Interim Reports) Emailed Home Collaboration Day
Mar 7	SBT Meeting
Mar 8	<i>Maha Shivaratri (Hinduism)</i> <i>International Women's Day</i>

### Student Photos

Any students who have not had a yearbook photo taken should come to the office on February 14<sup>th</sup> at Flex to have their photo taken.

### Vasant Panchami (Feb 14 - Hinduism)

A festival that marks the beginning of preparations for the spring season. Vasant Panchami also marks the start of preparation for Holika and Holi, which occur forty days later.

### Ash Wednesday (Feb 14 – Christianity)

In Western Christianity, the first day of Lent, occurring six and a half weeks before Easter.

### Nirvana Day (Feb 15 – Buddhism)

Buddhists commemorate the death of Buddha and his entry into final or complete Nirvana. A solemn day for reflection on death and impermanence.

Matthew McNair Secondary School

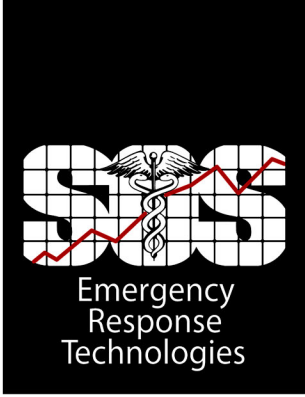
9500 No. 4 Road, Richmond, BC V7A 2Y9 Phone: 604-668-6575 Early Warning: 604-295-6427

Email: [mcnair@sd38.bc.ca](mailto:mcnair@sd38.bc.ca) • Website: <https://mcnair.sd38.bc.ca/>

Instagram: @mcnair\_marlins\_official



THE MCNAIR WAAG



# ***Be PREPARED...NOT Scared.***

## **Are you and your loved ones prepared for an emergency?**

Seismic experts say that a major earthquake will happen in B.C. We cannot prevent an earthquake; however, we can prepare for it. 72hr kits can also be helpful in power outages, floods or other major emergencies.

Your school/organization has an opportunity for you to protect yourselves and your loved ones. Purchase emergency preparedness kits and first aid kits for the home, car or office at wholesale prices and help raise money at the same time.

The emergency kits we are selling have all the supplies you will need to be protected. The emergency food and water is the same product that is used for the Coast Guard and has a shelf life of 5 years.

**Experts say that you should have at least 72 hours of emergency supplies, food and water in your kit because that's how long it could take for help to arrive.**

**We are asking all families to take this information to your loved ones, friends and neighbors as well as to your work place. Please keep track of all orders you receive.**

**Name of Organization** \_\_\_\_\_

**Family Name** \_\_\_\_\_

**Email** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

### **Payment Options**

**Cheque** Make payable to \_\_\_\_\_ **Total Amount** \_\_\_\_\_

**e-Transfer** e-Transfer invoice will be sent before order is completed ( DO NOT send funds until you receive your invoice )



# 72HR EMERGENCY KITS

## FUNDRAISING

### 1 PERSON 72HR DELUXE KIT SQ6001

**\$164.64 (TAXES INCLUDED)**



- 1 x Emergency Food Rations 3600 calories
- 6 x Emergency Water Packs
- 1 x Water Purification Tablets pkg 20
- 1 x Flashlight, Radio & Siren - Windup
- 1 x Lightstick 12 hour
- 1 x Whistle
- 1 x Poncho
- 1 x Mylar Foil Blanket
- 1 x Toilet Tissue Roll
- 1 x Dust Mask

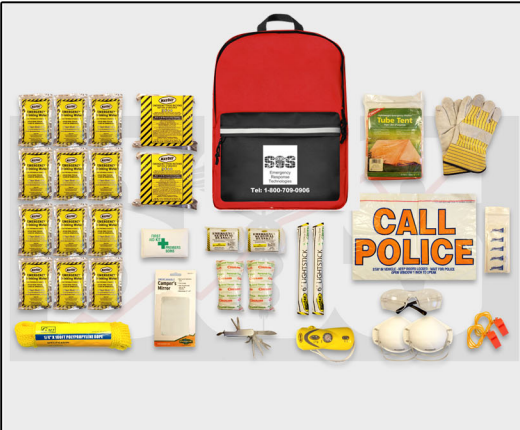
- 1 x Signal Mirror
- 1 x Safety Glasses
- 1 x Work Gloves / pair
- 1 x Rope 100"
- 1 x Tube Tent
- 1 x Multi Functional Tool
- 1 x Compact First Aid Kit
- 1 x Call Police Sign
- 1 x Backpack

Weight: 6 lbs

Quantity Needed

### 2 PERSON 72HR DELUXE KIT SQ6002

**\$192.64 (TAXES INCLUDED)**



- 2 x Emergency Food Rations 3600 calories
- 12 x Emergency Water Packs
- 1 x Water Purification Tablets pkg 20
- 1 x Flashlight, Radio & Siren - Windup
- 2 x Lightstick 12 hour
- 2 x Whistle
- 2 x Poncho
- 2 x Mylar Foil Blanket
- 2 x Toilet Tissue Roll
- 2 x Dust Mask

- 1 x Signal Mirror
- 1 x Safety Glasses
- 1 x Work Gloves / pair
- 1 x Rope 100"
- 1 x Tube Tent
- 1 x Multi Functional Tool
- 1 x Compact First Aid Kit
- 1 x Call Police Sign
- 1 x Backpack

Weight: 10 lbs

Quantity Needed

### 4 PERSON 72HR DELUXE KIT SQ6004

**\$254.24 (TAXES INCLUDED)**



- 4 x Emergency Food Rations 3600 calories
- 24 x Emergency Water Packs
- 1 x Water Purification Tablets pkg 20
- 1 x Flashlight, Radio & Siren - Windup
- 4 x Lightstick 12 hour
- 4 x Whistle
- 4 x Poncho
- 4 x Mylar Foil Blanket
- 4 x Toilet Tissue Roll
- 4 x Dust Mask

- 1 x Signal Mirror
- 1 x Safety Glasses
- 1 x Work Gloves / pair
- 1 x Rope 100"
- 2 x Tube Tent
- 1 x Multi Functional Tool
- 1 x Compact First Aid Kit
- 1 x Call Police Sign
- 1 x Backpack

Weight: 18 lbs

Quantity Needed



Unit 2135-12191 Hammersmith Way, Richmond, B.C. V7A 5H2  
 Phone: 604.277.5855 Fax: 604.277.5859 Toll Free: 1-800-709-0906  
 Email: info@sostech.ca Website: www.SOSTECH.ca

[/SOSEmergencyResponseTechnologies](https://www.facebook.com/SOSEmergencyResponseTechnologies) [@sosfirstaidbc](https://twitter.com/sosfirstaidbc)



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# FIRST AID KITS

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## FUNDRAISING

### GENERAL PURPOSE FIRST AID KIT FK1021

**\$18.38 (TAXES INCLUDED)**



- 12 x Band-aids Strip Plastic
- 2 x Band-aids Strip Fabric
- 2 x Band-aids Fabric Fingertip
- 2 x Band-aids Fabric Knuckle
- 2 x Band-aids Patch
- 2 x Band-aids Large Patch
- 1 x Adhesive Tape
- 2 x Gauze Pads 5cm
- 2 x Gauze Pads 10cm
- 6 x Antiseptic Wipes

- 12 x Alcohol Wipes
- 2 x Burn Gel
- 1 x Instant Cold Pak
- 1 x Tensor
- 1 x Forcep
- 1 x Scissor
- 1 x Pair Of Gloves
- 1 x Plastic Box

Weight: 1 lbs

Quantity  
Needed

### AUTOMOBILE FIRST AID KIT FK1024

**\$38.33 (TAXES INCLUDED)**



- 1 x Abd Pads 8" X 10'
- 1 x First Aid Cream
- 6 x Antiseptic Towellettes
- 25 x Band-aids
- 1 x Eye Pads, Sterile
- 1 x Sliver Forceps
- 2 x 2" Gauze
- 5 x 3" X 3" Sterile Gauze
- 6 x Pairs Of Nitrile Gloves
- 6 x Hand Cleansing Towellettes

- 1 x Emersafe Shield
- 1 x Pressure Dressings
- 1 x Biohazard Bag
- 1 x Bandage Scissors
- 1 x 1" Adhesive Tape
- 1 x 3" Tensor Bandage
- 1 x Triangular Bandages

Weight: 4.4 lbs

Quantity  
Needed

### BASIC FIRST AID KIT FK1025

**\$32.50 (TAXES INCLUDED)**



- 10 x Sterile Adhesive Dressings, Assorted Sizes, Individually Packaged
- 6 x 14 Cm X 19 Cm Wound Cleansing Towelettes, Individually Packaged
- 6 x 10 Cm X 10 Cm Sterile Gauze Dressings, Individually Packaged
- 1 x 10 Cm X 16.5 Cm Sterile Pressure Dressings With Crepe Ties
- 1 x Cotton Triangular Bandage, Minimum Length Of Base 1.25 M
- 1 x 14 Cm Stainless Steel Bandage Scissors Or Universal Scissors
- 1 x 2.5 Cm X 4.5 M Adhesive Tape
- 1 x 7.5 Cm X 4.5 M Crepe Roller Bandage
- 3 x Pairs Of Medical Gloves (preferably Non-Latex)
- 3 x Medical Masks \*\*
- 1 x Safety Eyewear\*\*
- 1 x Waterproof Waste Bag

Weight: 2 lbs

Quantity  
Needed



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Email: info@sostech.ca Website: www.SOSTECH.ca



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@sosfirstaidbc



# FIRST AID KITS

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## FUNDRAISING

### SMALL FIRST AID KIT FK01340

**\$19.58 (TAXES INCLUDED)**



- 12 x Band-aids Strip Plastic
- 2 x Band-aids Strip Fabric
- 2 x Band-aids Fabric Fingertip
- 2 x Band-aids Fabric Knuckle
- 2 x Band-aids Patch
- 2 x Band-aids Large Patch
- 1 x Adhesive Tape
- 2 x Gauze Pads 5cm
- 2 x Gauze Pads 10cm
- 6 x Antiseptic Wipes

- 12 x Alcohol Wipes
- 2 x Burn Gel
- 1 x Instant Cold Pak
- 1 x Tensor
- 1 x Forcep
- 1 x Scissor
- 1 x Pair Of Gloves
- 1 x Plastic Box

Weight: 1 lbs

Quantity  
Needed

### MEDIUM FIRST AID KIT FK01341

**\$27.04 (TAXES INCLUDED)**



- 1 x Abd Pads 8" X 10'
- 1 x First Aid Cream
- 6 x Antiseptic Towellettes
- 25 x Band-aids
- 1 x Eye Pads, Sterile
- 1 x Sliver Forceps
- 2 x 2" Gauze
- 5 x 3" X 3" Sterile Gauze
- 6 x Pairs Of Nitrile Gloves
- 6 x Hand Cleansing Towellettes

- 1 x Emersafe Shield
- 1 x Pressure Dressings
- 1 x Biohazard Bag
- 1 x Bandage Scissors
- 1 x 1" Adhesive Tape
- 1 x 3" Tensor Bandage
- 1 x Triangular Bandages

Weight: 4.4 lbs

Quantity  
Needed



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## FIRST AID KITS

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## FUNDRAISING

### LARGE FIRST AID KIT FK01342

**\$33.55 (TAXES INCLUDED)**



Quantity  
Needed

- 1 x Abdominal/Combine Pad, 12.7 x 22.9 cm, Sterile
- 3 x After Bite Treatment Swabs
- 8 x Alcohol Antiseptic Swabs
- 9 x Benzalkonium Chloride (Bzk), Antiseptic Towelettes
- 1 x Emergency Blanket, Foil/Mylar, 142.2 x 203.2 cm
- 1 x Cold Pack, Instant, Small, 10.2 x 15.2 cm
- 1 roll Conforming Stretch Bandage, 7.6 cm x 3.7 m
- 2 x Cotton Tipped Applicators, 2/Pk, 7.6 cm, Single-End, Sterile
- 1 roll Elastic Support/Compression Bandage, 7.6 cm x 4.6 m
- 6 x Fabric Bandages, 2.2 x 7.6 cm, Heavyweight
- 3 x Fabric Bandages, Fingertip Large, 4.4 x 7.6 cm, Heavyweight
- 3 x Fabric Bandages, Knuckle, 3.8 x 7.6 cm, Heavyweight
- 2 x Fabric Bandages, Large Patch, 5.1 x 7.6 cm, Heavyweight
- 3 x First Aid Ointment, 1 g
- 4 x Gauze Pads, 7.6 x 7.6 cm, Sterile
- 3 x Hand Cleansing Moist Towelettes
- 2 x Hand Sanitizer, Antiseptic Gel, 3.7 ml
- 1 pkg Nitrile Medical Examination Gloves, Powder-Free, Large, 2's
- 10 x Plastic Bandages, 1 x 3.8 cm, Junior
- 12 x Plastic Bandages, 1.9 x 7.6 cm
- 1 pkg Safety Pins, Assorted Sizes, 6's
- 3 x Sani-Hands, Alcohol Gel Hand Towelettes
- 1 x Scissors, Blunt Tip, Nickel-Plated, 10.5 cm
- 1 x Splinter Forceps, Blunt End, Nickel-Plated, 8.1 cm
- 1 pkg Splinter-Out, 2's
- 1 x Pocket Guide (English/French)
- 1 roll Tape, Clear Plastic, 1.9 cm x 0.9 m
- 2 x Telfa, Non-Adherent Pads, 5.1 x 7.6 cm, Sterile
- 1 x Water-Jel, Cool Jel, 3.5 g
- 1 x Nylon Soft Pack, Large Rectangle, 23.5 x 14 x 7 cm (9-1/4" x 5-1/2" x 2-3/4")

Weight: 3 lbs



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**BE PREPARED...  
not scared, and  
RAISE MONEY  
for your school!**



*Are you and  
your family  
prepared for  
a disaster ?*

- Pack**
- Plan**
- Practice**

Your Organization/School has an opportunity for you to protect yourselves and your loved ones.

Purchase emergency preparedness kits for the home, car or office at wholesale prices and raise money for your school at the same time.

**4 Person Deluxe  
Survival Kit  
\$254.24 (taxes included)**



**Event Details**

**Date:** \_\_\_\_\_

\_\_\_\_\_

**Time:** \_\_\_\_\_

\_\_\_\_\_

**New Location:**

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