

# WELCOME TO SECONDARY SCHOOL

## Information For Students and Families



## Welcome to Secondary School!

We are happy to welcome you into our school community this fall! We ask that you read through this information carefully so that you know what to expect. Students' health and safety is as important to us as it is to you. You can help us by ensuring that family members and the students understand the importance of following the procedures outlined on these pages. We can do this together and you can help by keeping students home when you, anyone in your household, or the student is unwell.

## School start up will be different this fall

Students will be learning in typical class size groups within a cohort of 120. When students are in places where other cohorts may be present, then physical distancing expectations will be in place. When a student is outside of their cohort and physical distancing is not possible, then masks need to be worn. Breaks for all students and lunch times will be staggered to help with physical distancing. Our goal is to balance students' educational needs within a safe, supportive environment and being outside regularly is part of this plan.

1

### LABEL EVERYTHING

Label your water bottle, supplies, and all materials you bring to school. Only water bottle filling stations are open.

2

### SNACKS & LUNCH

Pack a healthy snack that does not need reheating. Grade 8s and 9s should bring a healthy lunch.  
**NO LUNCH DROP OFFS**  
**AVOID LEAVING SCHOOL**

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### CARE & CALM

Our goal is always to provide a deep sense of care and calm to support each student's learning.  
**We are here for you.**



### Scheduled Drop Off & Pick UP

Each student will enter & leave school at designated times and locations.



### Wash Your Hands

Students will wash their hands or use hand sanitizer upon arrival each day, throughout the day, and before leaving.



### 2 Metres Apart

When not in a cohort, staff & students will respect the physical distancing of two metres.



### Masks

All students will be provided with 2 non-medical masks. Anytime students are outside of their cohort or in an area where physical distancing is not possible, they are to wear masks.

# Mandatory Daily Health Declaration Process for Students & Staff

**You must review these questions each day before bringing your child to school:**

1. Do you have any of the following symptoms that are not from a pre-existing condition (e.g. allergies)?
  - Fever • Diarrhea • Chills • Loss of appetite • Cough or worsening of chronic cough
  - Nausea and vomiting • Shortness of breath • Muscle aches • Sore throat • Fatigue
  - Conjunctivitis (pink eye) • Runny nose/stuffy nose • Dizziness, confusion • Headache
  - Loss of sense of smell or taste • Abdominal pain • Skin rashes or discolouration of fingers or toes
2. Have you or anyone in your household returned from travel outside Canada in the last 14 days?
3. Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19?

**Answering YES to any of the questions will prevent the staff/student from entering the school.**

## What if you answered YES?

- **Question 1:** If you answered YES to question 1 and the symptoms are not related to a pre-existing condition, you need to stay home until you have been assessed by a health-care provider to exclude COVID-19 or other Infectious diseases AND your symptoms have resolved.
  - **For assessment of any symptoms, contact 8-1-1, a physician or a nurse practitioner.**
- **Question 2:** If you answered YES to question 2, you will need to stay home to self-isolate based on the Quarantine Act.
- **Question 3:** If you answered YES to question 3, you will need to stay home to self-isolate based on the advice of the Public Health Authority.
  - \* **Contact the school if you have answered yes to any of the above questions and anytime you keep your child home.**

***Our goal is for everyone to be healthy and safe.***

## Arrival and Leaving School

It will be important for students to be on time and come to their designated entrance/exit. Students will be dismissed at staggered times to allow for physical distancing. Families are not to enter the school. Appointments may be made as needed.

### Students will:

- \* Wash their hands or use hand sanitizer frequently throughout the day.
- \* Label everything they bring to school: a re-fillable water bottle, lunch (grade 8 & 9s only), their own school supplies, jackets, hoodies, etc.
- \* Bring snacks and lunches that do not require re-heating. Lunch deliveries will not be happening. Students are recommended to not go home for lunch. There will be NO food sharing, for example, no sharing of home made treats.
- \* Continue to practice physical distancing at all times when outside their school cohort.
- \* Be encouraged to have their own small bottle of hand sanitizer and non-medical mask.

## Masks



Students will each be given two re-useable face masks. Everyone will be wearing masks in hallways and other areas where maintaining physical distancing is difficult. Wearing a mask is not always possible for everyone. No student needs to wear a non-medical mask if they do not tolerate it. It is important to treat everyone with respect, regardless of their ability to wear a mask or not.

**Click on the image to the right to learn about mask care.**

