

| October 7 – October 11, 2024 | | | | | | | | | | | | | | |
|-------------------------------------|-------|-------|--|-------|-------|---|-------|-------|---|-------|-------|---|-------|-------|
| Monday Oct 7 | | | Tuesday Oct 8 | | | Wednesday Oct 9 | | | Thursday Oct 10 | | | Friday Oct 11 | | |
| Day 2 | | | Day 1 | | | Day 2 | | | Day 1 | | | Day 2 | | |
| Block A | 8:30 | 9:40 | Block A | 8:30 | 9:40 | Block A | 8:30 | 9:40 | Block A | 8:30 | 9:40 | Block A | 8:30 | 9:40 |
| Flex Time Sign-in | 9:45 | 10:20 | Flex Time Sign-in | 9:45 | 10:20 | Flex Time Sign-in | 9:45 | 10:20 | Flex Time Sign-in | 9:45 | 10:20 | Flex Time Sign-in | 9:45 | 10:20 |
| Block B | 10:25 | 11:35 | Block B | 10:25 | 11:35 | Block B | 10:25 | 11:35 | Block B | 10:25 | 11:35 | Block B | 10:25 | 11:35 |
| Break | 11:35 | 11:50 | Break | 11:35 | 11:50 | Break | 11:35 | 11:50 | Break | 11:35 | 11:50 | Break | 11:35 | 11:50 |
| Block C | 11:55 | 1:05 | Block C | 11:55 | 1:05 | Block C | 11:55 | 1:05 | Block C | 11:55 | 1:05 | Block C | 11:55 | 1:05 |
| Lunch | 1:05 | 1:45 | Lunch | 1:05 | 1:45 | Lunch | 1:05 | 1:45 | Lunch | 1:05 | 1:45 | Lunch | 1:05 | 1:45 |
| Block D | 1:50 | 3:00 | Block D | 1:50 | 3:00 | Block D | 1:50 | 3:00 | Block D | 1:50 | 3:00 | Block D | 1:50 | 3:00 |
| Staff Meeting @ 3:05pm (Library) | | | Marlin Mania – Clubs Day @ Lunch (Main Hallway) | | | Ed Fac Meeting @Lunch (Room 100) | | | SBT Meeting at Lunch (Conference Room) | | | Informal Learning Updates due at 8 (Main Office) | | |
| Assistant Superintendent Visit | | | Dry Grad Meeting @ 7pm (McNair Front Lounge) | | | Student Elections Speeches @ Lunch (Large Gym) | | | | | | Student Elections Voting Starts Oct. 11th to 15th | | |

Marlin Strong: Every student, every day, whatever it takes!

In the business of our daily lives, things can hit you hard and knock you down.

Life can knock you down. It happens to everyone. Sometimes it happens suddenly, when you least expect it. Other times you can see it coming from a mile away. At McNair, we try to prepare students for life's tests. Unfortunately, you don't get to choose life's challenges, so preparing can be a difficult task.

Some lessons can only be taught by living through them. For instance, it is through broken hearts that we learn the measure and power of love and it is through failure that we grow and develop socially, emotionally, and intellectually. These are not easy lessons. The lessons can be painful and overwhelming at times, but you learn to never take things for granted, you learn what it means to miss someone more each day. These are great lessons... and they will come whether we want them or not.

During life's lessons, it's easy to acquire a victim's mindset. It's easy to feel stuck, defeated, and feel like you are losing in the game of life. The victim's mindset argues that you have lost; that nothing good is on the horizon. Never forget that the volume of an argument does not reflect the validity of the argument. Just because the victim mentality argues that you are consistently losing, doesn't mean that it's true and that you are not learning.

An empowered perspective helps you see that you can only get stronger when working against resistance. It is when you struggle that you strengthen and become strong. It is when challenged to your core that you learn the depth of who you are. It is when you feel broken that you can become an expert at mending.

We are who we are because the pain of the past has cleared the path to the present and the future. Every assignment you fail, every job you are denied, every mistake you live through... opens the door to new opportunities. Every defeat that hurts you, leads to something that you were not expecting. Every mistake you thought would be the end of you pointed you toward incredible success. Sometimes when you think you're losing, you're learning and thus winning.

At McNair, we "Champion students and their learning."

Student Council Campaigns and Elections

All candidates have been emailed with instructions for campaign posters and speeches. **Speeches** take place on **Oct. 9**th & **10**th with **voting** taking **place Oct. 11**th – **15**th. Please see Ms. Lacoumentas if you have any questions.

DATES TO REMEMBER:

| Oct 14 | Thanksgiving (School Closed) |
|--------|---|
| Oct 16 | Informal Learning Updates emailed home |
| Oct 19 | BC Elections (Small Gym) |
| Oct 21 | SCC (Small Gym) |
| Oct 23 | School Photo Retakes |
| Oct 24 | SBT Meeting at Lunch (Conference Room) |
| Oct 25 | Professional Development Day -PSA (School Closed) |
| Oct 29 | Safety Drill @ 9:55am |
| Oct 30 | Haunted House |
| Oct 31 | Halloween |

Communicating Student Learning

Student progress information will be communicated to parents in various ways this year. For each subject, students will receive an informal update (interim report), learning update report (midterm) at the mid-point of the semester, and a summary of learning (final report card) at the end of the Semester. These progress updates will include information about the learning progress to date and feedback that will aid in improving a student's performance, as well as comments about a student's work habits and engagement. The first communication will be Learning Updates, which will be sent home on October 16, 2024.

Learning Updates Timeline

- 1. Interim Reports due at 8am on Friday, October 11
- 2. Interim Reports reviewed by administration and counselling department October 11-16
- Interim Reports will be emailed home on Wednesday, October 16

Marlin Mania Clubs Day - October 8th

All clubs will have the opportunity to showcase their club at tables in the main hallway. Clubs may have posters and demonstrations to recruit new members. Club leaders will receive an email after the Club submission due date (Oct. 1). Students and teacher sponsors would have received an email for their club's participation in Club Day. If you did not receive an email, please see Mr. Jaswal.

Extra-curricular school life: Clubs and Teams

A lot of renewed energy has returned to our building through passionate participation with various Clubs and Sports teams. Teachers and parents, please encourage all students to get involved in school life by joining a team and / or a club.

McNair 2025 Dry Grad - 50/50 Draw

Dry grad will be selling 50/50 draw tickets. If you would like to purchase tickets, please click here.