

# January 27 – January 31, 2025

Monday Jan 27	Tuesday Jan 28	Wednesday Jan 29	Thursday Jan 30	Friday Jan 31																																																																																				
Learning Completion Day and Staff Preparation for Semester 2 (No Scheduled Classes)  Students are welcome and school is open	Day 1 <table border="1"> <tr><td>Block A</td><td>8:30</td><td>9:40</td></tr> <tr><td>Flex Time Sign-in</td><td>9:45</td><td>10:20</td></tr> <tr><td>Block B</td><td>10:25</td><td>11:35</td></tr> <tr><td>Break</td><td>11:35</td><td>11:50</td></tr> <tr><td>Block C</td><td>11:55</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:45</td></tr> <tr><td>Block D</td><td>1:50</td><td>3:00</td></tr> </table>	Block A	8:30	9:40	Flex Time Sign-in	9:45	10:20	Block B	10:25	11:35	Break	11:35	11:50	Block C	11:55	1:05	Lunch	1:05	1:45	Block D	1:50	3:00	Day 2 <table border="1"> <tr><td>Block A</td><td>8:30</td><td>9:40</td></tr> <tr><td>Flex Time Sign-in</td><td>9:45</td><td>10:20</td></tr> <tr><td>Block B</td><td>10:25</td><td>11:35</td></tr> <tr><td>Break</td><td>11:35</td><td>11:50</td></tr> <tr><td>Block C</td><td>11:55</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:45</td></tr> <tr><td>Block D</td><td>1:50</td><td>3:00</td></tr> </table>	Block A	8:30	9:40	Flex Time Sign-in	9:45	10:20	Block B	10:25	11:35	Break	11:35	11:50	Block C	11:55	1:05	Lunch	1:05	1:45	Block D	1:50	3:00	Day 1 <table border="1"> <tr><td>Block A</td><td>8:30</td><td>9:40</td></tr> <tr><td>Flex Time Sign-in</td><td>9:45</td><td>10:20</td></tr> <tr><td>Block B</td><td>10:25</td><td>11:35</td></tr> <tr><td>Break</td><td>11:35</td><td>11:50</td></tr> <tr><td>Block C</td><td>11:55</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:45</td></tr> <tr><td>Block D</td><td>1:50</td><td>3:00</td></tr> </table>	Block A	8:30	9:40	Flex Time Sign-in	9:45	10:20	Block B	10:25	11:35	Break	11:35	11:50	Block C	11:55	1:05	Lunch	1:05	1:45	Block D	1:50	3:00	Day 2 <table border="1"> <tr><td>Block A</td><td>8:30</td><td>9:40</td></tr> <tr><td>Flex Time Sign-in</td><td>9:45</td><td>10:20</td></tr> <tr><td>Block B</td><td>10:25</td><td>11:35</td></tr> <tr><td>Break</td><td>11:35</td><td>11:50</td></tr> <tr><td>Block C</td><td>11:55</td><td>1:05</td></tr> <tr><td>Lunch</td><td>1:05</td><td>1:45</td></tr> <tr><td>Block D</td><td>1:50</td><td>3:00</td></tr> </table>	Block A	8:30	9:40	Flex Time Sign-in	9:45	10:20	Block B	10:25	11:35	Break	11:35	11:50	Block C	11:55	1:05	Lunch	1:05	1:45	Block D	1:50	3:00
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	First Day of Semester 2 Classes	Lunar New Year Chinese Food Buffet for International Students (library)		Semester 1 Final Summary of Learning Due 8:00am																																																																																				

**Marlin Strong: Every student, every day, whatever it takes!**  
*"Your mind is precious. It has the power to unlock infinite possibilities."*  
 Joel Annesley

Success gets into our heads and changes them. This is a simple and proven concept. Neuroscientists have shown time and again, that the human brain can and will re-wire itself in response to experiences. This re-wiring phenomenon, known as neuroplasticity, is especially triggered by "success," positive feedback.

Neurons in the brain, specifically the ones in the prefrontal cortex and the striatum, keep track of recent successes, playing a role in guiding the learning when the next opportunity arises.

As educators and parents, it is important to understand this link between success, increased brain activity and new learning. It does not matter how big or small a success is. All accomplishments release the neurotransmitter dopamine which boosts your mood, motivation, and attention. It also signals the brain to keep doing the activity again and again. Neural processing improves after a recent success, and the brain craves new learning.

Success causes the gray matter in our brain to become "plastic", and to begin changing which leads to new learning. Equally important and this may surprise many, that the opposite of success, failure, has no impact. Failure does not re-wire the brain and the brain is not activated when we fail. Neural processing doesn't improve after a failure; there is no impact on the brain; the brain does not crave new learning after failure.

This does not mean that we ignore or avoid failure and only focus on success. Although failure doesn't activate the brain, it does help us understand why we are not successful. Reflecting on failures helps us identify behaviors and actions that led us to a lack of success. Reflecting on failures, challenges us to change our processes, behaviours and approaches so that we can overcome and succeed. However, it is true that learning from failure is not as beneficial as learning from success. Exposing students to success will give them the best chance to learn. **At McNair, we "Champion students and their learning."**

### Summary of Learning Timeline – Semester 1 Final

Jan 6-23	Student-Teacher Conferencing: Developing better understandings of current learning and next steps.
Jan 23	Last day of Semester 1
Jan 27	Learning Completion Day
Jan 24 -Jan 31	Prepare all final marks & comments in MyEdBC
Jan 31	Semester 1 final marks & comments due
Jan 31	Replacement Curriculum attachments due
Jan 31- Feb 4	Admin/counselling review of all learning updates
February 5	Semester 1 Summary of Learning published MyEdBC

### DATES TO REMEMBER:

Feb 3	Staff Meeting (after school)
Feb 5	Collaboration Day (Classes begin at 9:55 am)
Feb 5	Semester 1 Summary of Learning Published on MyEdBC
Feb 6	SBT Meeting (lunch)
Feb 6	Open House
Feb 12	Program Planning Information Assemblies (grade 8-11)
Feb 12	Ed Fac Meeting (lunch)
Feb 14	Professional Development Day
Feb 17	BC Family Day (School Closed)
Feb 19	Mini School Meeting (lunch)
Feb 20	SBT Meeting (lunch)
Feb 23	Deadline for Online Course Request Entry
Feb 24	SCC Meeting (lunch)
Feb 26	Pink Shirt Day
Feb 26	Grade 9-11 Math Contests
Feb 28	Informal Learning Updates Due 8:00am
Mar 3	Spring Drama Production (Mar 3-7)
Mar 3	Staff Meeting (after school)
Mar 4	Informal Learning Updates Emailed Home
Mar 5	Collaboration Day (Classes begin at 9:55am)
Mar 6	SBT Meeting (at lunch)
Mar 10	Elementary Basketball Tournament (Mar 10-11)
Mar 12	Mini School Meeting (at lunch)
Mar 12	Ed Fac Meeting (after school)
Mar 13	Locker Clean Up
Mar 14	Last Day of Classes before Break

### Communicating Student Learning

Final evaluations of student learning for Semester 1 courses will be published in MyEd BC on February 5<sup>th</sup>. Please ensure you have access to [MyEd BC](#). Also, before we turn our attention to Semester 2 classes, please take a moment to reflect on learning and teaching that has occurred in Semester 1. For teachers and students, this is an opportunity to celebrate their successes, learning, hard work, and determination.

### Setting new goals for the 2<sup>nd</sup> Semester

As we enter the second half of school calendar and Semester 2, all students have the opportunity to set new goals. We continue to challenge students to set high expectations for themselves and then to demonstrate determination in striving for these goals. One goal that we continue to focus on for all students is arriving to class on time and prepared. Please help us reinforce this goal so we can start off this new semester with success!

### Learning Completion Day January 27th

Regular classes will not be in session, the school is open for students to come in and complete work. This day is an opportunity for students to finish their coursework or academic learning goals for semester one. Students should discuss with their teachers about any completion work that is required. Teachers may also request students who have work to be completed to come in. Students who will be coming in to the school to complete course work are asked to coordinate with their teacher(s).