

February 9 – February 13, 2026

Monday Feb 9	Tuesday Feb 10	Wednesday Feb 11	Thursday Feb 12	Friday Feb 13																																																																																	
<div>Day 1</div> <table><tr><td>Block A</td><td>8:30</td><td>9:50</td></tr><tr><td>Block B</td><td>9:55</td><td>11:15</td></tr><tr><td>Break</td><td>11:15</td><td>11:25</td></tr><tr><td>Block C</td><td>11:30</td><td>12:50</td></tr><tr><td>Lunch</td><td>12:50</td><td>1:35</td></tr><tr><td>Block D</td><td>1:40</td><td>3:00</td></tr></table>	Block A	8:30	9:50	Block B	9:55	11:15	Break	11:15	11:25	Block C	11:30	12:50	Lunch	12:50	1:35	Block D	1:40	3:00	<div>Day 2</div> <table><tr><td>Block A</td><td>8:30</td><td>9:42</td></tr><tr><td>Flex Time</td><td>9:47</td><td>10:19</td></tr><tr><td>Block B</td><td>10:24</td><td>11:36</td></tr><tr><td>Break</td><td>11:36</td><td>11:46</td></tr><tr><td>Block C</td><td>11:51</td><td>1:03</td></tr><tr><td>Lunch</td><td>1:03</td><td>1:43</td></tr><tr><td>Block D</td><td>1:48</td><td>3:00</td></tr></table> <div>Articulation Breakfast 7:30am (Library)</div> <div>“Crush Cans” Last 2 Days of Sales Sold by Student Council</div>	Block A	8:30	9:42	Flex Time	9:47	10:19	Block B	10:24	11:36	Break	11:36	11:46	Block C	11:51	1:03	Lunch	1:03	1:43	Block D	1:48	3:00	<div>Day 1</div> <table><tr><td>Block A</td><td>8:30</td><td>9:42</td></tr><tr><td>Flex Time</td><td>9:47</td><td>10:19</td></tr><tr><td>Block B</td><td>10:24</td><td>11:36</td></tr><tr><td>Break</td><td>11:36</td><td>11:46</td></tr><tr><td>Block C</td><td>11:51</td><td>1:03</td></tr><tr><td>Lunch</td><td>1:03</td><td>1:43</td></tr><tr><td>Block D</td><td>1:48</td><td>3:00</td></tr></table> <div>Program Planning Assemblies Block A: Grade 8 Block B: Grade 9 Block C: Grade 10 Block D: Grade 11</div> <div>Ed Fac Meeting at lunch Basketball Senior Night 7pm</div>	Block A	8:30	9:42	Flex Time	9:47	10:19	Block B	10:24	11:36	Break	11:36	11:46	Block C	11:51	1:03	Lunch	1:03	1:43	Block D	1:48	3:00	<div>Day 2</div> <table><tr><td>Block A</td><td>8:30</td><td>9:42</td></tr><tr><td>Flex Time</td><td>9:47</td><td>10:19</td></tr><tr><td>Block B</td><td>10:24</td><td>11:36</td></tr><tr><td>Break</td><td>11:36</td><td>11:46</td></tr><tr><td>Block C</td><td>11:51</td><td>1:03</td></tr><tr><td>Lunch</td><td>1:03</td><td>1:43</td></tr><tr><td>Block D</td><td>1:48</td><td>3:00</td></tr></table> <div>Crush Can Distribution Blk B by Student Council</div> <div>McNair Open House 6-9pm</div>	Block A	8:30	9:42	Flex Time	9:47	10:19	Block B	10:24	11:36	Break	11:36	11:46	Block C	11:51	1:03	Lunch	1:03	1:43	Block D	1:48	3:00	<div>Pro-D Day (School Closed)</div> <div>Agenda</div> <div>9am - Library Exploring AI w/ Mr. Jih</div> <div>10am Personal Pro-D</div> <div>1pm Department Meetings</div> <div>School Closed for Family Day February 16th</div>
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<div>Spirit Week</div> <div>Jersey Day</div>	<div>Spirit Week</div> <div>Nike Tech vs Quarter Zip</div>	<div>Spirit Week</div> <div>Dress as your type</div>	<div>Spirit Week</div> <div>Valetine Colours</div>																																																																																		

Marlin Strong: Every student, every day, whatever it takes!

“Educating the mind without educating the heart is no education at all.” —Aristotle

We all recognize the importance of brain development in education, however, equally important is the heart and the role it plays in the learning process. February 14th is a day that we readily follow our hearts, but they are underused most of the time. The heart unleashes the full power of our emotions. Research shows the power of using the heart in learning helps students be successful in school and later in life.

The heart is the command center of intelligence. When we address our students, our children, or our loved ones, it is important to remember that sometimes our hearts need more time to accept what the mind already knows. Communicating with others pragmatically and logically alone does not always connect well with the heart.

The heart is emotion, the heart is decision-making, the heart is engagement, the heart is connectedness, the heart is passion, the heart is learning, and so much more. Think about that argument you had with a loved one or the insult that is never forgotten. It is not your mind that remembers the argument, insult, or put-down; it is not the mind that remembers failure or lack of success; it is your heart that remembers. When you hear people speak of their pain, their loss; when you hear their lack of confidence and motivation, you are listening to their heart. Our hearts are in complete command of our thoughts. The mind is just a powerful passenger.

As teachers, parents, and friends, we do ourselves and others a disservice when we speak to the mind and not the heart. Speak to the heart by operating differently. Operate better by listening more than speaking and giving attention rather than requesting attention. Operate differently by being curious, being kind, and most importantly being empathetic. Talk to the heart by sharing your time with someone, take them for a walk, and listen to their story. Live in your heart. **At McNair, we “Champion students and their learning.”**

McNair Secondary School’s Open House – February 12, 2026

Please join us for McNair’s Open House and Meet the Teacher Night. This is an opportunity for teachers and parents to develop a partnership, share the teacher’s pedagogy, develop a better understanding of the curriculum that will be covered in each course and the expectations the teacher has for students, as well as seeing some of the amazing things students are doing and learning at McNair. Everyone is welcome.

Grade 7 Parent Information (Theatre)	6:00pm	7:00pm
Mini School Information (Theatre)	6:30pm	7:00pm
Open House & Meet the Teacher	7:00pm	8:00pm
Program Planning Current Gr. 8 to 11	8:00pm	9:00pm

DATES TO REMEMBER:

Feb 16	BC Family Day - School Closed
Feb 18	Mini School Meeting
Feb 19	School Based Team Meeting
Feb 23	SCC Meeting
Feb 25	Pink Shirt Day
Feb 27	Informal Learning Updates Due 8:00am
Mar 2	Collaboration Day (Classes begin at 9:55 am) Staff Meeting (after school)
Mar 2-6	Spring Drama Production
Mar 3	Informal Learning Updates Emailed Home
Mar 9-10	Elementary Basketball Tournament
Mar 13	Last Day of Classes before Spring Break
Mar 16-27	Spring Break
Mar 30	First Day of Classes after Spring Break SCC Meeting
Apr 2	School Based Team Meeting
Apr 3	Good Friday - School Closed
Apr 6	Easter Monday - School Closed
Apr 7	Grade 12 Mini Food Bank Experience Health & Safety Meeting
Apr 8	Ed Fac Meeting
Apr 10	Suggested Marks Cutoff
Apr 13	Collaboration Day (Classes begin at 9:55 am) Staff Meeting (after school)
Apr 14	Grade 12 Mini Food Bank Experience
Apr 15	Mini School Meeting Evacuation Drill (Block B - 10:30am)
Apr 16	School Based Team Meeting
Apr 17	Learning Updates Due 8:00am Grade 8 Reading Assessment
Apr 20	SCC Meeting
Apr 22	Learning Updates Published on MyEdBC P-T Conf. Bookings Open Grad Boat Cruise
Apr 23	Numeracy 10 Graduation Assessment
Apr 24	Pro-D Day

Program Planning Timeline

The [Program Planning](#) process for the 2026-26 school year is underway. Important dates for students and families:

Date	Event
Feb 11	Assemblies to review program planning process Grade 8: Block A Grade 9: Block B Grade 10: Block C Grade 11: Block D Personalized Planning Sheets Distributed
Feb 12-25	Online Course Selection through MyEducationBC
Feb 18-19	Counsellors visit classrooms for Program Plan

All course requests must be entered online through MyEducation BC. It is important that we have accurate and complete course selections for all students, as we build our timetable based on this information. Once our timetable is built, it may be difficult to accommodate requests to change selected courses.